

PACK RESOURCE SHEET

July 2011

CORE VALUE FOR JULY

Courage: Doing what is right regardless of how hard it is or what the consequences are. Cub Scouts will learn that courage means to be brave and do what is right, no matter what their friends are doing.

Preopening Activity: Treasure Hunt

Materials: Pencils or pens, sheets of paper with the letters "no trace" written vertically along the left side, and lines to the right. Draw several lines per letter.

As people arrive, hand out a copy of the game sheet and a pencil. Cub Scouts and family members go around the room looking for items that begin with the letter on the left. They can use any item in the room, including what they wear or have with them. Encourage them to be creative. During the meeting, ask the group for sample answers of what was found for each letter. Follow with a cheer.

Opening Ceremony: Courage Is A-Number-1

Materials: Four large cutouts of the letter "A" and one cutout of the number "1."

NARRATOR: The Core Value for this month is courage. These boys would like to tell you what they have learned.

CUB SCOUT 1 (holding letter A): Courage is always telling the truth.

CUB SCOUT 2 (holding letter A): Courage is admitting to mistakes.

CUB SCOUT 3 (holding letter A): Courage is apologizing for mistakes and wrong doings.

CUB SCOUT 4 (holding letter A): Courage is accepting the consequences of your actions.

CUB SCOUT 5 (holding number 1): Courage is that one Cub Scout, standing up for his beliefs, resisting peer pressure, and telling the truth.

NARRATOR: Please rise and join us in the Pledge of Allegiance.

Cheer: Leave No Trace

Clean it up, pick it up, and leave no trace!

Clean it up, pick it up, and leave no trace!

Yea, Cub Scouts!

Applause: Lion Applause

"A R-O-A-R-R-R-I-N-G success!"

Recognition Ceremony: Leave No Trace Awareness Award

Materials: Poster-size drawing of Cub Scouting's Leave No Trace Awareness logo, posters created by the dens to illustrate the Leave No Trace guidelines. (Cub Scouting's Leave No Trace Awareness logo is available for download from <http://www.scouting.org/sitecore/content/Home/CubScouts/CubScoutingForms/ClipArt.aspx>.)

CUBMASTER: Leave No Trace is a plan that helps us protect our environment for future generations. This month, our Cub Scouts have learned the Leave No Trace frontcountry guidelines and

have earned Cub Scouting's Leave No Trace Awareness Award. Requirements for this award include earning one specific achievement or activity badge, and participating in a Leave No Trace-related service project.

Will all of the boys who have earned the Leave No Trace Awareness Award please come forward with their parents? (*Den leaders present badges to the parents, who present them to the boys.*)

We will complete this ceremony by asking each boy to repeat the Cub Scout Leave No Trace Pledge. Please give the Cub Scout sign and repeat after me:

I promise to practice the Leave No Trace frontcountry guidelines wherever I go. I will:

Plan ahead,

Stick to trails,

Manage my pet,

Leave what I find,

Respect other visitors, and

Trash my trash.

Congratulations! Let us honor these Cub Scouts with a round of applause!

Recognition Ceremony: Hiking

Preparation: On a poster board or a large sheet of butcher paper, draw a Cub Scout trail. Mark the trail with a sign for Bobcats, then move down the trail with a sign for Tiger Cubs, then further on for Wolf, Bear, and Webelos Scouts. Add animal tracks for Bobcats, Tiger Cubs, and Wolf and Bear Cub Scouts as you wind down the trail. Webelos tracks can be large W's. Decorate your trail with sketches of trees, bushes, and rocks. Add photos of boys from this month's den outdoor activities, if desired. Attach awards to cutouts of footprints and place the cutouts at the appropriate places on the trail. (Cub Scout logos are available for download from <http://www.scouting.org/sitecore/content/Home/CubScouts/CubScoutingForms/ClipArt.aspx>.)

CUBMASTER: Tonight we are here to honor those Cub Scouts who worked hard and earned awards.

Bobcat—These boys have started off on the right foot down the Cub Scout trail. (*Call boys and parents forward and present awards.*)

(*Call the rest of the award recipients and their parents by rank or den. For each group, use one of the statements below or create similar comments.*)

- You put your best foot forward to earn your _____.
- You walked an extra mile to do a super job in earning your _____.
- You've made great strides in Cub Scouting. Congratulations on earning your _____.
- You've made great impressions by working hard to earn _____.

Cubmaster's Minute: Let's Be Lions

"Courage comes in many forms. Swimming to rescue a drowning person or saving someone from a burning building is one form. Not all courage is so spectacular. Some forms are quiet and ongoing, such as the courage to resist peer pressure. One of the hardest things for anyone to do is to stick to what he knows is right while his friends are coaxing him to do the opposite. The ancient symbol of courage is the lion. Let's all do our best to be lions as we live out the virtue of courage."



Character Connection: Courage

What is courage? Can you name some situations that would require you to have courage? Why is it important to have courage in your daily life? How can you teach your friends and family members to show courage?

See Fun for the Family, No. 33012, for family activities related to this month's Core Value, courage.

Closing Ceremony: Responsible Fun

Material: Large poster of the Outdoor Code.

NARRATOR: Summer is here, and Cub Scouts are having fun outdoors. Here are some of our Cub Scouts to share their adventures with you:

CUB SCOUT 1: I had fun playing games outside with my den.

CUB SCOUT 2: I had fun on a hike with my den.

CUB SCOUT 3: I went to day camp and had great fun.

CUB SCOUT 4: I had fun at a picnic at the park.

ALL CUB SCOUTS: We learned to respect our environment and took only pictures and memories from our adventures in the sun.

NARRATOR: Will you all please join me in reciting the Outdoor Code?

As an American, I will do my best to:

Be clean in my outdoor manners,

Be careful with fire,

Be considerate in the outdoors, and

Be conservation-minded.

Game: Footprint Identification

Materials: Aluminum foil, towel.

Have everyone make an impression of their shoe prints on aluminum foil. Cut the foil large enough for a set of footprints. Handling the foil piece carefully, place it on a folded towel, and carefully step on the foil. When everyone is done, have them leave the area. Place the foil pieces at random on a table.

Call back the players. Have each person remove one shoe and exchange it with another person. Direct them to find the footprints that match the shoe. You may need to make another footprint to see if the match is correct.

Note: Some hikers leave their footprints on foil at home so they can be tracked if necessary.



Project: Hiker's Neckerchief Slide

Materials: Craft foam, half-inch PVC pipe section, fine-point marker, scissors, low-temp glue gun, sandpaper.

Cut a piece of craft foam in the shape of the sole of a hiking boot, about two to 2½ inches long. Using the marker, decorate the sole with

desired "tread." To provide better adhesion, sand the PVC ring. Glue it to the back of the foam sole.

Project: Leave No Trace Pledge Card

Materials: Cardstock or index card, markers or crayons. The size of the card depends on the age of the Cub Scouts. Younger boys will require postcard-size paper, whereas Webelos Scouts will be able to manage smaller sizes.

Write the Cub Scout Leave No Trace Pledge on cardstock or the index card. Sign the bottom of the card. Decorate the card with markers or crayons. Keep the card in a pocket as a reminder of your commitment to Leave No Trace.

Game: Food Group Relay

Materials: Pictures of various foods cut out of newspaper ads, magazines, etc.

Divide players into two teams. Arrange the pictures on a table across the room from the teams. The leader calls out one of the food groups. A boy from each team runs to the table, selects a picture of a food from that group, and presents it to the leader. If correct, the team gets one point. If not correct, the picture is returned to the table and the boy returns to the team at the back of the line. The game proceeds until all pictures are placed in groups. After the game, have the boys group the pictures to make balanced meals.

Snack: Watermelon on a Stick

Ingredients and materials:

Watermelon pieces, seedless

Orange juice

Water

Paper cups

Clean craft sticks or candy-making sticks (short sticks work best)

Mix in a blender, one cup each of seedless watermelon pieces, orange juice, and water. Pour into paper cups and place in a freezer. Insert craft sticks when partially frozen. If your stick doesn't remain standing, you can cover the paper cup with foil and poke a small hole to insert the stick through the foil. When completely frozen, remove the treat from the cup and enjoy!

Note: Be aware of food allergies and diet restrictions.

Did You Know?

KISMIF—Keep It Simple, Make It Fun. In planning a Cub Scout program or activity, remember KISMIF. Inspiration for KISMIF may have been an article in the 1938 *Cub Leaders' Round Table*, a monthly pamphlet for registered leaders. A den mother in Michigan wrote, "The more simple and natural you can keep the den meeting, the more the boys and you will enjoy it. The boys will feel more at home if it is very casual, and the mother will not feel that it has been too great an effort to have den meetings. Again, my plea is—keep them as simple and natural as possible."