

“Ten Ways To Make Behavior Management Plans Effective for Kids with ADD/ADHD”

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Core Symptoms of ADHD: 1) Poor sustained attention/ vigilance to boring tasks
2) Impulsive/difficulty with self regulation 3) Diminished rule governed behavior
4) Increased variability of task performance 5) Immaturity 6) Disorganization 7) Poor sense of time 8) Difficulty with fine motor skills 9) significant chance of co-morbid conditions such as dyslexia, dysgraphia, anxiety, depression, Tourette’s Syndrome , Bi-Polar Disorder, Oppositional Defiant Disorder, Conduct Disorder, Obsessive Compulsive Disorder.

1. The cardinal rule of behavior management with kids with ADD/ADHD is: “He who nags most, LOSES!”
2. Cease and desist arguing with an aspiring attorney! An argument requires the participation of two people: Shut down your half!
3. Chill first in a crisis.
4. “SPEAK and SPIN!
5. “LET’S MAKE A DEAL”
6. Pick Your Battles Carefully!
7. Important target behaviors: “On task” and “Appropriate talk only.”
8. Powerful reinforcement means THE CONTROLLED DELIVERY OF A PASSION.
9. Home and/or Classroom Private Currency.
10. Rich Schedule of Positive Reinforcement.